

Client Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Occupation: \_\_\_\_\_ Hobbies: \_\_\_\_\_

Health Insurance Plan: \_\_\_\_\_ ID# \_\_\_\_\_

Have you had a professional massage before?: Yes No

Are you currently seeing a medical professional?: Yes No

Are you currently taking any medication (including aspirin or ibuprofen)?: Yes No

Please list if yes: \_\_\_\_\_

Have you had any surgeries or injuries in the last 10 years?: Yes No

Please list if yes: \_\_\_\_\_

Do you have any allergies to any lotions, nuts, oils or food?: Yes No

Please list if yes: \_\_\_\_\_

What is your primary concern for today's session?: \_\_\_\_\_

Do you have any electrical devices implanted in your body?: Yes or No

How much pressure do you prefer?: Light Medium Hard

What is your pain level today?: 1 2 3 4 5 6 7 8 9 10

Please check any that apply:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Arthritis          | <input type="checkbox"/> Heart, Circulatory Problems      | <input type="checkbox"/> Scoliosis              |
| <input type="checkbox"/> Blood Clots        | <input type="checkbox"/> Herpes                           | <input type="checkbox"/> Sleeping Disorders     |
| <input type="checkbox"/> Bursitis           | <input type="checkbox"/> High/Low Blood Pressure          | <input type="checkbox"/> Spinal Column Problems |
| <input type="checkbox"/> Cancer, Tumors     | <input type="checkbox"/> HIV/AIDS                         | <input type="checkbox"/> Sprains/Strains        |
| <input type="checkbox"/> Chronic Pain       | <input type="checkbox"/> Implants (breast, calves, gluts) | <input type="checkbox"/> Stress                 |
| <input type="checkbox"/> Depression         | <input type="checkbox"/> Muscle/Joint Pain                | <input type="checkbox"/> Tendinitis             |
| <input type="checkbox"/> Diabetes           | <input type="checkbox"/> Numbness/Tingling                | <input type="checkbox"/> TMJ, Jaw Pain          |
| <input type="checkbox"/> Digestive Problems | <input type="checkbox"/> Pregnancy                        | <input type="checkbox"/> Varicose Veins         |
| <input type="checkbox"/> Fibromyalgia       | <input type="checkbox"/> Rashes/Open Sores                | <input type="checkbox"/> Warts                  |
| <input type="checkbox"/> Headaches          | <input type="checkbox"/> Respiratory Problems             |   |

I certify that the above information is true and accurate, if I am not eligible for health benefits through this provider I understand I am liable for all charges. I agree to notify my massage therapist if there is any change in my health condition or health plan provider. I understand that my therapist is not a Dr. and does not diagnose or treat any health conditions and is not a substitute for a professional health care provider. I acknowledge that my information is confidential and will not be released without my written consent.

Client Signature: \_\_\_\_\_ Therapist Signature: \_\_\_\_\_